



5K

5K Walk/Run Race

Saturday July 25th, 2009, 10:00 am

Limerick Lake Lodge and Marina

123 Limerick Lodge Road, Gilmour, Ontario

REGISTRATION FORM



Registration Fee: \$25

NO REFUNDS

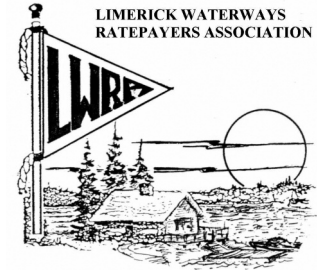
TO ENTER the Limerick Waterways 5K please follow these steps:

1. Print your name and other information on this form, and sign and date.
2. Mail this form with your entry fee to: LIMERICK WATERWAYS 5K
Limerick Lake Lodge and Marina
123 Limerick Lodge Road,
Gilmour, ON K0L 1W0

OR

Drop off your registration form and pay by cash, debit, cheque or credit card at Limerick Lake lodge & Marina. Please make your cheque payable to: Limerick Waterways Ratepayers Association

For more information please email us at lwrachallenge@gmail.com.



Limerick Waterways Ratepayers Association
www.lwra.ca

REGISTRANT INFORMATION: Please print clearly

Name:	
Address:	Postal/Zip code:
Phone number:	Email address:
I am entering as a: <input type="radio"/> Runner <input type="radio"/> Walker	My goal is :
Indicate form of payment: <input type="radio"/> Cash <input type="radio"/> Debit <input type="radio"/> Credit Card <input type="radio"/> Cheque	
How did you learn of this event?	<input type="radio"/> Friends/Family <input type="radio"/> LWRA newsletter <input type="radio"/> Limerick Lake Lodge & Marina <input type="radio"/> Newspaper <input type="radio"/> Radio <input type="radio"/> Limerick Waterways 5K Poster

RELEASE WAIVER AND INDEMNITY:

Please accept my entry in the Limerick Waterways 5K. I hereby state I have conditioned myself to participate in this event. I, for myself, my heirs, executors, administrators, successors, and assigns HEREBY RELEASE, WAIVE, AND FOREVER DISCHARGE Limerick Township, The Ontario Provincial Police Service, The Ontario Provincial Police Services Board, The Chief of Police, Limerick Lake Lodge and Marina, Limerick Waterways Ratepayers Association, event organizers, and all other associations, sanctioning bodies and sponsoring companies, and elected and appointed officials, successors and assigns, OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor, or otherwise, whether prior to, during or subsequent to the event, AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of the aforesaid. I FURTHER HEREBY UNDERTAKE TO HOLD AND SAFE HARMLESS AND AGREE TO INDEMNIFY all of the afor said from and against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event. Further, I hereby agree to receive periodic mail and email from Limerick Waterways Ratepayers Association only. Personal information collected by Limerick Waterways Ratepayers Association is for registration and results purposes only, and will not be shared with other companies or organizations. BY SUBMITTING THIS ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD, AND AGREE TO THE ABOVE WAIVER, RELEASE and INDEMNITY. I WARRANT that I am physically fit to participate in this event.

Signature

Date

Thank you for your participation!